NAVIGATION BOOKS AND EQUIPMENT

*Primer of Navigation* by George W. Mixter
Surplus N.S. Air Force sextant
Hallicrafters WR-3000 transistor radio receiver with earphones
1 alarm clock
2 wrist watches
All necessary charts (protected in waterproof plastic chart cases)
1 log book
3 notebooks
Indelible ink ballpoint pens
Pencils

GENERAL BOOKS

*Gone With the Wind*, by Margaret Mitchell
*The Spy Who Came In From the Cold*, by John LeCarre
*Elements of Style*, by William Strunk, Jr. and E.B. White
*Birds of the Ocean*, by W.B. Alexander
*How to Exercise Without Moving a Muscle*, by Victor Obeck
*The Stars*, by H.A. Rey
*20 Years and 20 Hits for the Harmonica*
*World Almanac for 1965*
(Birds of the Ocean was the only book Manry had time to read!)

GENERAL TOOLS
1 saw
3 screwdrivers
2 pliers
1 hand drill w/ bits
1 hammer
1 sail repair kit
1 cold patch kit for repairing life raft or life jacket
2 pocketknives
1 scissors

SPARE PARTS AND EQUIPMENT
1 rudder
1 tiller
1 stem plate
Brass bolts and screws of all sizes
D batteries for radio
D batteries for flashlight
Nylon cord
Nylon line
Flashlight bulbs
Assorted pine wood planks
Brass, copper and stainless steel wire

SAFETY EQUIPMENT
1 Mae West life jacket
1 inflatable life raft w/cylinder of gas
1 fire extinguisher
1 Victory Girl SOS transmitter
1 life preserver cushion
1 solar still for making freshwater from seawater
1 bucket sea anchor
2 pairs sunglasses
1 lifeline
1 radar reflector
5 emergency food packs

MEDICAL KIT
1 hemostat
1 scalpel with spare blade
20 disposable syringes
Bandages
Aspirin, antibiotic ointment, sun lotion, Kaopectate
Oral thermometer
Laxatives
Motion sickness pills
Antihistamine
Dexedrine, Nembutal, phenobarbital,
morphine, codeine, paregoric
First Aid published by the American Red Cross
The Ship’s Medicine Chest and First Aid at Sea, a
U.S. Public Health Service publication

SURVIVAL KIT
1 pound malted milk tablets
16 bars tropical chocolate
Pemmican
High energy dextrose wafers
8 cans vacuum-packed water
1 signaling mirror
1 fishing kit
1 waterproof container of matches

SAILS AND GEAR
1 red nylon mains'l, 68 square feet
1 white cotton mains'l, 68 square feet
2 white cotton jibs
1 green cotton storm jib, 9 square feet
1 green cotton trysail
1 8-pound Danforth anchor

GALLEY EQUIPMENT
1 canned-heat stove
27 large cans of canned heat
1 frying pan
1 saucepan
Knife, fork, spoon
100 matchbooks in waterproof plastic container
3 bottles liquid salt-water soap
Scouring pans and dishcloths
2 plastic nonsinkable cups
4 folding army-type can openers

PROVISIONS
28 gallons of water in 40 half-gallon, 3 one-gallon and
1 five-gallon plastic containers
40 cans beef slices and potatoes
30 cans turkey loaf
24 cans peas
23 cans peas and carrots
23 cans corn
6 cans chili
5 cans beef stew
4 cans stuffed cabbage
8 cans beans and wieners
8 cans corned beef hash
5 cans tuna and noodles
8 cans spaghetti and meatballs
10 cans succotash
10 cans sweet potatoes
30 cans assorted fruit juices
30 cans soft drinks
2 cans plum pudding
1 jar hard sauce
8 cans oleomargarine
50 small packets raisins
140 assorted candy bars
200 individually packaged servings of coffee
Dehydrated cream and sugar
60 portions jelly
1 bottle brandy
90 multivitamin capsules, 90 ascorbic acid tablets
Ketchup, mustard, Tabasco sauce, curry powder, salt, pepper, turkey stuffing, bouillon cubes

CLOTHING AND PERSONAL GEAR
1 waterproof anti-exposure suit
1 set oilskins
4 cotton undershirts
4 cotton undershorts
2 pairs cotton thermal underwear
Sport shirts, trousers, sweaters
2 pairs of rubber-soled deck shoes
Shoregoing clothing: shirts, trousers, jacket, shoes, socks
2 each, bath towels, face towels, washcloths
Safety razor and spare blades
1 toothbrush and 1 tube of toothpaste

PHOTOGRAPHY EQUIPMENT
1 Nikonos 35-mm. still camera
1 Revere 16-mm. magazine movie camera
Film
10 dozen blue flashbulbs
Homemade device on a pole for thrusting the Nikonos camera into the sea and operating it remotely for taking pictures underwater

MISCELLANEOUS
Writing paper and envelopes
$750 in traveler’s checks
10 one-dollar bills (to cover postage of letters picked up at sea
6 ballpoint pen refills
1 permanent ink marker
3 rolls cellulose tape
1 American flag
1 British flag
Plastic bags of various sizes w/clips to hold them shut
1 chromatic harmonica
1 hand warmer and fuel
2 woolen blankets
Passport, health certificate, boat ownership paper